

9 February 2022

Dear parent/carer

### **BTEC Sports Studies Unit 1 Exam**

Since September, during Sports Studies, your child has been busy preparing for their external assessment for Unit 1: Fitness for Sport and Exercise. They have now covered all content across all three learning aims:

- LA.A – Components of Fitness & Principles of Training
- LA.B – Methods of Training
- LA.C – Fitness Testing

Their external assessment will take place in school on Thursday 3 March and takes the form of an on-screen, computer-based exam. This is a formal external exam completed in full exam conditions, and contributes 25% of their overall final grade for the course. It is therefore essential that they supplement their current in-class revision with revision at home.

#### **On the day of the exam, your child's timetable will be:**

8.40am	Register as normal in coaching teams
8.55am	Lesson 1 as normal
9.55am	Sports Studies timetabled lesson (final revision and booster)
10.55am	Break
11.10am	Exam entry at T26/27
11.30am	Exam (75 minutes)
12.45am	Resume normal timetable

To support with revision, your child has been provided with a range of activities to complete at home. They have been given a Knowledge Organiser for all three learning aims, and a revision workbook to complete. Please support your child by ensuring they use these resources in the lead up to the exam on 3 March.

The Sports Studies exam is one of the first formal external assessments your child will be attempting as part of their Level 2 studies, so it is important for them to understand the importance of it and to prepare as fully as possible.

As ever, if you have any questions about this exam or any aspect of the Sports Studies course, do not hesitate to contact me or any of the PE team.

Yours sincerely

*A Booth*

Miss Amy Booth  
Teacher of PE / Enrich Co-ordinator