

Remote Learning Academy Day

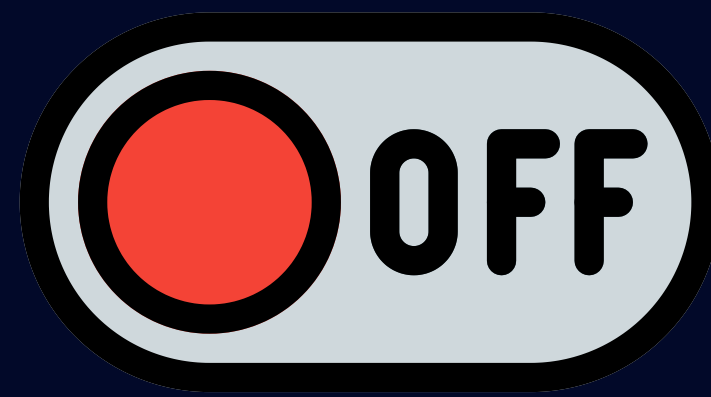
UPDATED ACADEMY TIMETABLE



Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
Tutor Time 8.40- 9.05am	Live Tutor Time	Live Tutor Time	Live Tutor Time	Live Tutor Time	Live Tutor Time
P1 and 2 9.05- 10.30am	Live Lesson	Live Lesson	Live Lesson	Live Lesson	Live Lesson
Break 10.30- 11.00am					
P3 and 4 11.00- 12.25pm	Live Lesson	Live Lesson	Live Lesson	Live Lesson	Live Lesson
Lunch 12.25- 1.25pm					
P5 and 6 1.25- 2.50pm	Live Lesson	Live Lesson	Live Lesson	Live Lesson	Live Lesson

We have adapted the times of our Academy day to provide:

- Extended breaks and time away from the screen
- Some afternoons set aside for "Screen-Free" activities.



"SCREEN-FREE" CALENDAR

Week Beginning	"Screen-Free" Afternoons will take place on:
08/02/21	Wednesday
22/02/21	Tuesday
01/03/21	Thursday

For one afternoon every week, our Remote Learning will move away from the screen. We want to give our students time to:

- **Engage in activities that they are passionate about**
- **Spend time on family activities**
- **Have a break from the screen**
- **Focus on their own well-being.**

This will be reviewed as we approach the 8th March.

Remote Learning



"SCREEN-FREE" ACTIVITY CHART

10

Help a sibling or friend with their remote learning

10

Carry out a random act of kindness

10

Complete a chore or help at home

10

Help someone to cook or bake

50



Compete in the Student PE Challenge

Complete some revision on a topic from the week

Practice a talent, skill or favourite hobby

Take part in a "Mystery Event"



Complete an extra piece of work for any subject

Take part in the reading bingo challenge

Check feedback you have received and do a "Level-Up"

Write a story or poem on a theme of your choice

