

THIS WEEK'S Eats

Week One

FOOD UNION
BY CHARTWELLS

	option one	Everyday faves!					
		Jackets	Pizza & Pasta	Hot Snacks & Paninis	Subs	Salad	Sarnies
MON	American Beef Burger or the Incredible Vegan Burger with Tasty Wedges and Sweetcorn	With cheese, beans , tuna mayonnaise or salmon mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
TUE	Chinese Sweet & Sour Chicken with Rice or Vege Chow Mein with Peas	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini Cheese & Onion Pasty Vegan Sausage Roll	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
WED	British Roast Turkey or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
THUR	Indian Chicken Korma and Rice or Vege Biryani with Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette

THIS WEEK'S Eats

Week Two

FOOD UNION
BY CHARTWELLS

	Everyday faves!						
	option one	Jackets	Pizza & Pasta	Hot Snacks & Paninis	Subs	Salad	Sarnies
MON	American Mac N Cheese topped with BBQ Chicken or Crispy Cauliflower with Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
TUE	Italian Traditional Lasagne with Garlic and Herb Wedges or Vege Ball Marinara Sub Roll with Rice Served with Peas	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini Cheese & Onion Pasty Vegan Sausage Roll	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
WED	British Roast Pork with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
THUR	Peruvian Chicken Burger or The Incredible Vegan Burger with Peruvian Sauces with Fajita Wedges and Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette

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Week
Everyday faves!

FOOD UNION
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	option one	Three					
		Jackets	Pizza & Pasta	Hot Snacks & Paninis	Subs	Salad	Sarnies
MON	Mexican Beef Burrito or Quorn Burrito with Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
TUE	Peruvian Chicken Burger or The Incredible Vegan Burger with Peruvian Sauces with Fajita Wedges and Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini Cheese & Onion Pasty Vegan Sausage Roll	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
WED	British Roast Turkey or Quorn Roast with Roast Potatoes, Peas, Sweetcorn and Gravy	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
THUR	Indian Chicken Korma and Rice or Vege Biryani with Sweetcorn	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette
FRI	British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Peas and Baked Beans	With cheese, beans or tuna mayonnaise	Margherita Pizza Herby Tomato Pasta Beef Bolognese Carbonara Pasta	Ham & Cheese Panini Ham & Cheese Toastie Cheese & Tomato Sauce Panini Tuna Melt Panini BBQ Chicken Panini	Vege Ball Marina Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham & Chicken Melt Sub	Chicken & Bacon Pasta Salad or Tuna Sweetcorn Pasta Salad	Cheese Sandwich Ham Sandwich Chicken Mayo Sandwich BLT Sandwich Ham Salad Demi Baguette BLT Demi Baguette Chicken Mayo Demi Baguette

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Jacket Potato Must cook	A Choice Of The Following Toppings Available Daily Baked beans 93038279 Cheese 93040442 Tuna Mayo 93040440 Bolognese 93170800
Jacket Potato Must Cook	Salmon Mayonnaise Jacket Potato *** 93170793 (Must Be Offered At Least Once Per Three Week Menu Cycle)
Sides	A Side salad 93143440

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	Daily
Pasta Must cook	Beef Bolognese Herby Tomato Pasta Carbonara Pasta
Pasta Additional options	Arrabiata Pasta BBQ Chicken Pasta
Pizza Must cook	Margherita Pizza
Pizza Additional options	Cajun Chicken Sizzler Pizza Veggie Hot One Pizza
Sides	Mixed side salad Baked Garlic & Herb Potato Wedges

THIS WEEK'S Eats



	Daily
Sandwiches Must Serve	Cheese Sandwich Ham Sandwich Chicken and Bacon Sandwich BLT Sandwich
Additional options	Chicken Mayo Sandwich Cheese Ploughman's Sandwich
Demi Baguette Must Serve	BLT Chicken Mayo Ham Salad
Subs Must Cook	Vege Ball Marinara Sub Chicken Teriyaki Sub Chicken Tikka Sub Ham and Chicken Melt Sub
Panini and Toasties Must Cook	Ham & Cheese Panini Cheese & Tomato Sauce Panini Tuna Melt Panini Ham & Cheese toastie BBQ Chicken Panini
Additional options	Tuna Melt Toastie Chicken And Bacon Toastie Cheese and Bean Toastie
Sides	Baked Garlic & Herb Potato Wedges Mixed Side Salad

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Salads

Chicken and Bacon Pasta Salad
93172124

Tuna and Sweetcorn Pasta Salad
93172009

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	Daily	
Bakery Must Cook	Iced Bun Jam Doughnut Oat Cookie Chocolate Brownie Fruit Flapjack	
Additional options	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Blueberry Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Chocolate Crispy Bar Banana Mandarin	

THIS WEEK'S Eats



Cold Fruit Based Desserts	Warm Fruit Based Desserts	Sauce	Cold Desserts		Warm Desserts
Fruit Based Desserts to be served a minimum of twice per week	Fruit Based Desserts to be served a minimum of twice per week		Without restrictions or minimum requirements)		Without restrictions or minimum requirements
Chocolate Slice Summer Pudding Banoffee Pie Fruit Slice Peaches with Homemade granola & Yoghurt Banana Oat Bite Apple & Carrot Muffin	Apple Cracknell served with Custard Banana and Berry Cobbler served with Custard Peach Shortcake Crumble served with Custard Pear Upside Down Cake served with Custard Summer Berry & Peach Oaty Crumble served with Custard	Custard	Vanilla Ice Cream Chocolate Ice Cream Strawberry Ice Cream Raspberry Ripple Blueberry Frozen Yoghurt Mango Frozen Yoghurt Strawberry Frozen Yoghurt	Secret Brownie Carrot & Banana Slice Vanilla and Blueberry Blondie Raspberry Yoghurt Cake Rice and Berry Conde with Jelly Peach Slice	Strawberries & Creamy Rice Pudding Lemon Drizzle Cake Banana Marble Cake Strawberry Swirl Sponge