

Key Stage 3 Home Learning Timetable



THE DUKERIES
ACADEMY

The Home Learning Timetable below is a suggested way of organising and structuring your school day from home. Please make changes to this to suit your family.

Your teachers will be scheduling lessons for your child's subjects, alongside PSHE, assembly and opportunities for wider activities.

All tasks for each session are available on *Show my Homework*. www.showmyhomework.com

Suggested Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before 9am	<i>Get up, eat breakfast and get dressed.</i>				
9.00 - 9.30	Assembly Day	PE with Jo Wicks YouTube	PSHE	PE	PSHE
9.30 - 10.00	<i>Offer to help around the house, e.g. wash up, vacuum, put laundry away, tidy your room.</i>				
10.00 - 10.15	<i>Break, have a drink or snack. Opportunity for contact on social media, or talk to friends.</i>				
10.15 – 10.55	Lesson 1 Science	Lesson 1 English	Lesson 1 Maths	Lesson 1 Science	Lesson 1 English
10.55 - 11.00	<i>Short break – stretch your legs!</i>				
11.00 - 11.40	Lesson 2 Maths	Lesson 2 MFL	Lesson 2 English	Lesson 2 Maths	Lesson 2 Science
11.40 - 12.40	<i>Lunch plus opportunity for contact on social media, talking to friends and to relax.</i>				
12.40 - 1.20	Lesson 3 History	Lesson 3 Geography	Lesson 3 RE	Lesson 3 History	Lesson 3 Geography
1.20 - 1.25	<i>Short break – stretch your legs!</i>				
1.25 - 2.05	Lesson 4 Drama	Lesson 4 Art	Lesson 4 Technology	Lesson 4 MFL	Lesson 4 Complete unfinished work or revise
2.05 - 2.10	<i>Short break – stretch your legs!</i>				
2.10 - 2.30	Daily Reading – you may wish to do longer than 20 mins.				
2.30 - 3.00	Daily Outdoor Activity , e.g. a walk or bike ride with members of your household or an activity in the garden.				