

# GLOBAL ADVENTURE MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>MEDITERRANEAN</b> Moroccan Style Chicken Stew  Mediterranean Bulghar Wheat  Oregano Roasted Vegetables	<b>BRITISH</b> Cottage Pie  Peas	<b>BRITISH</b> Roast Beef  Roast Potatoes  Creamed Potatoes  Yorkshire Pudding  Carrots  Gravy	<b>MEXICAN</b> Chicken Molay  Wholegrain Rice *  Lightly Spiced Sweetcorn with Lime	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips  Baked Beans  OR  Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Beef Burger	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco  <i>Served with</i>  Garlic Bread*	<b>DEEP SOUTH DINER</b> BBQ Pulled Beef Brisket	<b>WINGS &amp; THINGS</b> New York Hot Dog	<b>DEEP SOUTH DINER</b> Texas BBQ Chicken
	Louisiana Bean Pot	Mac 'N' Cheese	Piri Piri Halloumi Bun	Crispy Topped Sweet Potato Crumble	Feta and Potato Frittata
	Chipotle Potato Wedges		Paprika Potato Wedges	Baked Garlic & Herb Potato Wedges	Lemon Rice
	Coleslaw	Cucumber and Green Bean Salad	Corn on the Cob	Apple Slaw	Sweetcorn
<b>SPEEDY ITALIAN</b>	Veggie Supreme Pizza (v)	Cajun Chicken Sizzler Pizza	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)
	Veg Bolognese Pasta (v)	Arrabiata Pasta (v)	Veggie Lasagne	Beef Lasagne	Beef Bolognese
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

\*Wholegrain \*\*\*Oily Fish (V) Vegetarian

# GLOBAL ADVENTURE MENU WEEK 2

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>GLOBAL ADVENTURE</b>	<b>MEDITERRANEAN</b> Spanish Chicken Paella	<b>CHINESE</b> Sweet & Sour Chicken  Wholegrain Rice *  Wok Tossed Oriental Vegetables	<b>BRITISH</b> Beef Cobbler  Roast Potatoes  Cabbage  Gravy	<b>BRITISH</b> Pork Sausage, Mashed Potato and Red Onion Gravy  Vegetarian Sausage  Creamed Potato  Broccoli  Gravy	<b>BRITISH</b> Home-made Battered Fish Fillet    Chips    Baked Beans  OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Beef Barbecoa Burrito	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco  <i>Served with</i>  Garlic and Herb Bread*	<b>DEEP SOUTH DINER</b> Creamy Fish Pasta Bake ***	<b>WINGS &amp; THINGS</b> Maple and Mustard Glazed Chicken Melt	<b>DEEP SOUTH DINER</b> Piri Piri Pulled Pork Burger    <i>Served with</i>  Cajun Potato Wedges
	Sweet Potato & Squash Casserole  <i>Served with</i>  Paprika Potato Wedges	Mac 'N' Cheese	Corn, Black Eye Bean and Feta Soft Taco  <i>Served with</i>  Jewelled Rice	Smoky Cauliflower Cheese	Smoky Bean and Corn Topped Wedges
				Baked Garlic & Herb Potato Wedges	
	Sweetcorn	BBQ Beans	Crunchy Salad	Apple Slaw	Coleslaw
<b>SPEEDY ITALIAN</b>	3 Cheese Sicilian Pizza (v)	Bacon Pizza	Veggie Supreme Pizza (v)	Veggie Hot One Pizza (v)	Sicilian Cheese & Tomato Pizza (V)
	Veg Bolognaise Pasta (v)	Herby Tomato Pasta (v)	BBQ Chicken Pasta*	Beef Bolognaise	Italian Chicken Pasta
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

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# GLOBAL ADVENTURE MENU WEEK 3

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>GLOBAL ADVENTURE</b>	<b>CHINESE</b> Asian Turkey Noodles  Green Beans	<b>MEDITERRANEAN</b> Chicken Shawarma Flatbread  Paprika Potato Wedges  Carrot and Orange Salad	<b>BRITISH</b> Roast Turkey  Roast Potatoes  Stuffing Carrots  Gravy	<b>INDIAN</b> Chicken Korma  Wholegrain Rice *  Cucumber Raita	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips  Baked Beans  OR  Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Bagel Cheeseburger  Served with  Baked Garlic & Herb Potato Wedges	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> BBQ Chicken Mac "N" Cheese	<b>WINGS &amp; THINGS</b> Cajun Pulled Pork & Bean Pitta	<b>DEEP SOUTH DINER</b> Chicken, Brown Rice and Beans *
	Cajun Halloumi and Pineapple Rice Bowl	Feta and Chickpea Cake with Salsa	Cajun Vegetable Burrito	Cauliflower and Creamed Corn Bake	Mac 'N' Cheese
		Mexican Yellow Rice *		Fajita Potato Wedges	
	Radish, Pea and Leaf Salad	Roasted Vegetables	Crunchy Salad	Southern Greens	Crunchy Raw Slaw
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	3 Cheese Sicilian Pizza (v)	Mushroom & Sweetcorn Pizza (v)	Sicilian Cheese & Tomato Pizza (V)	Neapolitan Chicken Pizza
	Chicken & Tomato Pasta Bake	Beef Lasagne	Cheesy Penne Pasta (v)	Carbonara Pasta	Herby Tomato Pasta (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

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