

# GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>MEXICAN</b> Chicken Molay Mexican Yellow Rice * Green Beans	<b>CHINESE</b> Aromatic Soy Pork with Egg Noodles Wok Tossed Oriental Vegetables	<b>MEDITERRANEAN</b> Beef Pasticcio Garlic and Herb Bread Wedge * Broccoli	<b>MEXICAN</b> Chicken Tinga Tortilla Tomato and Corn Rice Apple Slaw	<b>BRITISH</b> Home-made Battered Fish Fillet Chips (oil) Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Bacon Mac n Cheese	<b>WINGS &amp; THINGS</b> Lemon Piri Chicken Pitta	<b>DEEP SOUTH DINER</b> Ultimate Cheese Burger	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> Deep South Turkey Burger
	Cajun Bean and Feta Burger	Smoky Cauliflower Cheese	Sweet Potato & Squash Stew	Sweetcorn Chickpea Veggie Burger	Boston Bean Casserole
	Paprika Potato Wedges (no oil)	New Orleans Red Bean Rice	Cajun Potato Wedges (no oil)	Potato and Onion Hash	Chips (oil)
	BBQ Beans	Chop Chop Salad	Peas	Caesar Salad	Corn Slaw
<b>SPEEDY ITALIAN</b>	Veggie Supreme Pizza (v)	3 Cheese Sicilian Pizza (v)	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)
	Veg Bolognese Pasta (v)	Arrabiata Pasta (v)	Chunky Vegetable Pasta	Beef Lasagne	Herby Tomato Pasta (v)
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

Wholegrain \* Oily Fish \*\*\*

## GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>MEDITERRANEAN</b> Moroccan Style Chicken Stew  Spiced Cous Cous  Broccoli	<b>CHINESE</b> Five Spiced Beef  Chinese Style Rice  Sweetcorn	<b>BRITISH</b> Roast Pork  Roast Potatoes (oil)  Seasonal Cabbage  Carrots  Gravy	<b>JAPANESE</b> Teriyaki Glazed Chicken Thigh  Pineapple Rice *  Pickled Cucumber Salad	<b>BRITISH</b> Fisherman's Pie ***  (oily fish)  Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> New York Hot Dog	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> Beef Burger	<b>WINGS &amp; THINGS</b> Chicken Mayo Bun	<b>DEEP SOUTH DINER</b> Chipotle Bbq Pork
	Louisiana Bean Pot	Cauliflower and Creamed Corn Bake	Sweet Potato & Black Bean Enchilada	Butternut Squash Feta Bake	Quorn Sausage Pattie & Cheese Bun
	Paprika Potato Wedges (no oil)	Garlic Bread* (no oil)	Baked Garlic & Herb Potato Wedges (no oil)	Cajun Potato Wedges (no oil)	Garlic Fries
	Red Slaw	Southern Greens	Peas	Corn on the Cob	American Style Slaw
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	Chicken Supreme Pizza	Veggie Supreme Pizza (v)	Bacon Pizza	Sicilian Cheese & Tomato Pizza (v)
	Arrabiata Pasta (v)	Herby Tomato Pasta (v)	BBQ Chicken Pasta*	Beef Lasagne	Italian Chicken Pasta
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita izza (v)	Margherita Pizza (v)

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## GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>INDIAN</b> Chickpea and Tomato Masala  Naan Bread  Cucumber Raita	<b>CARIBBEAN</b> Cuban Style Chicken  Wholegrain Rice *  Peas	<b>MEXICAN</b> Beef Birria  Mashed Potato  Roasted Broccoli and Peppers	<b>THAI</b> Chicken Pad Khing  Sweetcorn	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips (oil)  Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Beef Chilli	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco	<b>DEEP SOUTH DINER</b> Quorn Cheese Burger	<b>WINGS &amp; THINGS</b> Chicken Caesar Burger	<b>DEEP SOUTH DINER</b> Cajun Pulled Pork & Bean Pitta
	Smoked Houmous and Vegetable Wrap	Veg & Bean Quesadilla	Loaded Triple Mac 'N' Cheese	Bean and Vegetable Chilli	Feta and Chickpea Cake with Salsa
	Lemon and Herb Piri Rice	Pasta Salad *	Baked Garlic & Herb Potato Wedges (no oil)	Paprika Potato Wedges (no oil)	Chips (oil)
	Corn on the Cob	House Slaw	BBQ Beans	Chop Chop Salad	Pineapple Coleslaw
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	3 Cheese Sicilian Pizza (v)	Mushroom & Sweetcorn Pizza (v)	Sicilian Cheese & Tomato Pizza (v)	Cajun Chicken Sizzler Pizza
	Cheesy Penne Pasta (v)	Chicken And Tomato Pasta Bake	Herby Tomato Pasta (v)	Carbonara Pasta	Beef Lasagne
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)

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